Edward Thorndike
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Edward Lee "Ted" Thorndike (August 31, 1874 – August 9, 1949) was an American psychologist who spent nearly his entire career at Teachers College, Columbia University. His work on animal behavior and the learning process led to the theory of connectionism and helped lay the scientific foundation for modern educational psychology. He also worked on solving industrial problems, such as employee exams and testing. He was a member of the board of the Psychological Corporation and served as president of the American Psychological Association in 1912.[1][2]

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Early life

Thorndike, born in Williamsburg, Massachusetts,[3] was the son of a Methodist minister in Lowell, Massachusetts.[4] Thorndike graduated from The Roxbury Latin School (1891), in West Roxbury, Massachusetts and from Wesleyan University (B.S. 1895).[3] He earned an M.A. at Harvard University in 1897.[3]

While at Harvard, he was interested in how animals learn, and worked with William James. Afterwards, he became interested in the animal 'man', to the study of which he then devoted his life.[5] Edward's thesis is sometimes thought of as the essential document of modern comparative psychology.[6] Upon graduation, Thorndike returned to his initial interest, educational psychology. In 1898 he completed his PhD at Columbia University under the supervision of James McKeen Cattell, one of the founding fathers of psychometrics.
In 1899, after a year of unhappy initial employment at the College for Women of Case Western Reserve in Cleveland, Ohio, he became an instructor in psychology at Teachers College at Columbia University, where he remained for the rest of his career, studying human learning, education, and mental testing. In 1937 Thorndike became the second President of the Psychometric Society, following in the footsteps of Louis Leon Thurstone who had established the society and its journal *Psychometrika* the previous year.

On August 29, 1900, he wed Elizabeth Moulton and they had five children.[7]

During the early stages of his career, he purchased a wide tract of land on the Hudson and encouraged other researchers to settle around him. Soon a colony had formed there with him as its 'tribal' chief.[8]

**Connectionism**

Thorndike was a pioneer not only in behaviorism and in studying learning, but also in using animals in psychology experiments.[9] Thorndike was able to create a theory of learning based on his research with animals.[9] His doctoral dissertation, “Animal Intelligence: An Experimental Study of the Associative Processes in Animals”, was the first in psychology where the subjects were nonhumans.[9] Thorndike was interested in whether animals could learn tasks through imitation or observation.[10] To test this, Thorndike created puzzle boxes. The puzzle boxes were approximately 20 inches long, 15 inches wide, and 12 inches tall.[11] Each box had a door that was pulled open by a weight attached to a string that ran over a pulley and was attached to the door.[11] The string attached to the door led to a lever or button inside the box.[11] When the animal pressed the bar or pulled the lever, the string attached to the door would cause the weight to lift and the door to open.[11] Thorndike’s puzzle boxes were arranged so that the animal would be required to perform a certain response (pulling a lever or pushing a button), while he measured the amount of time it took them to escape.[9] Once the animal had performed the desired response they were allowed to escape and were also given a reward, usually food.[9] Thorndike primarily used cats in his puzzle boxes. When the cats were put into the cages they would wander restlessly and meow, but they did not know how to escape.[12] Eventually, the cats would step on the switch on the floor by chance, and the door would open.[12] To see if the cats could learn through observation, he had them observe other animals escaping from the box.[12] He would then compare the times of those who got to observe others escaping with those who did not, and he found that there was no difference in their rate of learning.[9] Thorndike saw the same results with other animals, and he observed that there was no improvement even when he placed the animals’ paws on the correct levers, buttons, or bar.[10] These failures led him to fall back on a trial and error explanation of learning.[10] He found that after accidentally stepping on the switch once, they would press the switch faster in each succeeding trial inside the puzzle box.[10] By observing and recording the animals’ escapes and escape times, Thorndike was able to graph the times it took for the animals in each trial to escape, resulting in a learning curve.[12] The animals had difficulty escaping at first, but eventually “caught on” and escaped faster and faster with each successive puzzle box trial, until they eventually leveled off.[12] The quickened rate of escape results in the s-shape of the learning curve. The learning curve also suggested that different species learned in the same way but at different speeds.[10] From his research with puzzle boxes, Thorndike was able to create his own theory of learning. The puzzle box experiments were motivated in part by Thorndike's dislike for statements that animals made use of extraordinary faculties such as insight in their problem solving: "In the first place, most of the books do not give us a psychology, but rather a eulogy of animals. They have all been about animal intelligence, never about animal stupidity."

Thorndike meant to distinguish clearly whether or not cats escaping from puzzle boxes were using insight. Thorndike's instruments in answering this question were learning curves revealed by plotting the time it took for an animal to escape the box each time it was in the box. He reasoned that if the animals were showing insight, then their time to escape would suddenly drop to a negligible period, which would also be shown in...
the learning curve as an abrupt drop; while animals using a more ordinary method of trial and error would show gradual curves. His finding was that cats consistently showed gradual learning.

**Adult learning**

Thorndike put his testing expertise to work for the United States Army during World War I. He created both the Alpha and Beta versions that led to today's ASVAB, a multiple choice test administered by the United States Military Entrance Processing Command that is used to determine qualification for enlistment in the United States armed forces. For classification purposes, soldiers were administered Alpha tests. With the realization that some soldiers could not read well enough to complete the Alpha test, the Beta test (consisting of pictures and diagrams) was administered. Such contributions anchored the field of psychology and encouraged later development of educational psychology.

Thorndike believed that “Instruction should pursue specified, socially useful goals.” Thorndike believed that the ability to learn did not decline until age 35, and only then at a rate of 1 percent per year, going against the thoughts of the time that "you can't teach old dogs new tricks." It was later shown that the speed of learning, not the power of learning declined with age. Thorndike also stated the law of effect, which says behaviors that are followed by good consequences are likely to be repeated in the future.

Thorndike identified the three main areas of intellectual development. The first being abstract intelligence. This is the ability to process and understand different concepts. The second is mechanical intelligence, which is the ability to handle physical objects. Lastly there is social intelligence. This is the ability to handle human interaction.

Thorndike was one of the first pioneers of active learning, a theory that proposes letting children learn themselves, rather than receiving instruction from teachers.

**Thorndike's theory of learning**

1. Learning is incremental.[9]
2. Learning occurs automatically.[9]
3. All animals learn the same way.[9]
4. Law of effect- if an association is followed by a “satisfying state of affairs” it will be strengthened and if it is followed by an “annoying state of affairs” it will be weakened.
5. Thorndike’s law of exercise has two parts; the law of use and the law of disuse.
   1. Law of use- the more often an association is used the stronger it becomes.[15]
   2. Law of disuse- the longer an association is unused the weaker it becomes.[15]
6. Law of recency- the most recent response is most likely to reoccur.[15]
7. Multiple response- problem solving through trial and error. An animal will try multiple responses if the first response does not lead to a specific state of affairs.[15]
8. Set or attitude- animals are predisposed to act in a specific way.[15]
9. Prepotency of elements- a subject can filter out irrelevant aspects of a problem and focus and respond only to significant elements of a problem.[15]
10. Response by analogy- responses from a related or similar context may be used in a new context.[15]
11. Identical elements theory of transfer- This theory states that the extent to which information learned in one situation will transfer to another situation is determined by the similarity between the two situations.[9] The more similar the situations are, the greater the amount of information that will transfer.[9] Similarly, if the situations have nothing in common, information learned in one situation will not be of any value in the other situation.[9]
12. Associative shifting- it is possible to shift any response from occurring with one stimulus to occurring with another stimulus.[15] Associative shift maintains that a response is first made to situation A, then
to AB, and then finally to B, thus shifting a response from one condition to another by associating it with that condition.\[16\]

13. Law of readiness- a quality in responses and connections that results in readiness to act.\[16\] Thorndike acknowledges that responses may differ in their readiness.\[16\] He claims that eating has a higher degree of readiness than vomiting, that weariness detracts from the readiness to play and increases the readiness to sleep.\[16\] Also, Thorndike argues that a low or negative status in respect to readiness is called unreadiness.\[16\] Behavior and learning are influenced by the readiness or unreadiness of responses, as well as by their strength.\[16\]

14. Identifiability- According to Thorndike, the identification or placement of a situation is a first response of the nervous system, which can recognize it.\[16\] Then connections may be made to one another or to another response, and these connections depend upon the original identification.\[16\] Therefore, a large amount of learning is made up of changes in the identifiability of situations.\[16\] Thorndike also believed that analysis might turn situations into compounds of features, such as the number of sides on a shape, to help the mind grasp and retain the situation, and increase their identifiability.\[16\]

15. Availability- The ease of getting a specific response.\[16\] For example, it would be easier for a person to learn to touch their nose or mouth than it would be for them to draw a line 5 inches long with their eyes closed.\[16\]

**Development of law of effect**

Thorndike's research focused on instrumental learning, which means that learning is developed from the organism doing something. For example, he placed a cat inside a wooden box. The cats used various methods trying to get out, however it does not work until it hits the lever. Afterwards, Thorndike tried placing the cat inside the wooden box again, this time, the cat is able to hit the lever quickly and succeeded to get out from the box.

At first, Thorndike emphasized the importance of dissatisfaction stemming from failure as equal to the reward of satisfaction with success, though in his experiments and trials on humans he came to conclude that reward is a much more effective motivator than punishment. He also emphasized that the satisfaction must come immediately after the success, or the lesson would not sink in.\[8\]

**Eugenic views**

Thorndike was a proponent of eugenics. He argued that "selective breeding can alter man's capacity to learn, to keep sane, to cherish justice or to be happy. There is no more certain and economical a way to improve man's environment as to improve his nature."\[17\]

**Criticism**

Thorndike's law of effect and puzzle box methodology were subjected to detailed criticism by behaviorists and many other psychologists.\[18\] The criticisms over the law of effect mostly cover four aspects of the theory: the implied or retroactive working of the effect, the philosophical implication of the law, the identification of the effective conditions that cause learning, and the comprehensive usefulness of the law.\[19\]

**Thorndike's word books**

Thorndike composed three different word books to assist teachers with word and reading instruction. After publication of the first book in the series, *The Teacher's Word Book* (1921), two other books were written.
and published, each approximately a decade apart from its predecessor. The second book in the series, its full title being *A Teacher's Word Book of the Twenty Thousand Words Found Most Frequently and Widely in General Reading for Children and Young People*, was published in 1932, and the third and final book, *The Teacher's Word Book of 30,000 Words*, was published in 1944.

In the preface to the third book, Thorndike writes that the list contained therein “tells anyone who wishes to know whether to use a word in writing, speaking, or teaching how common the word is in standard English reading matter” (p. x), and he further advises that the list can best be employed by teachers if they allow it to guide the decisions they make choosing which words to emphasize during reading instruction. Some words require more emphasis than others, and, according to Thorndike, his list informs teachers of the most frequently occurring words that should be reinforced by instruction and thus become “a permanent part of [students’] stock of word knowledge” (p. xi). If a word is not on the list but appears in an educational text, its meaning only needs to be understood temporarily in the context in which it was found, and then summarily discarded from memory.

In Appendix A to the second book, Thorndike gives credit to his word counts and how frequencies were assigned to particular words. Selected sources extrapolated from Appendix A include:

- **Children’s Reading:** Black Beauty, Little Women, Treasure Island, A Christmas Carol, The Legend of Sleepy Hollow, Youth’s Companion, school primers, first readers, second readers, and third readers
- **Standard Literature:** The Bible, Shakespeare, Tennyson, Wordsworth, Cowper, Pope, and Milton
- **Common Facts and Trades:** The United States Constitution and the Declaration of Independence, A New Book of Cookery, Practical Sewing and Dress Making, Garden and Farm Almanac, and mail-order catalogues

Thorndike also examined local newspapers and correspondence for common words to be included in the book. [citation needed]

**Thorndike's influence**

Thorndike contributed a great deal to psychology. His influence on animal psychologists, especially those who focused on behavior plasticity, greatly contributed to the future of that field.[20] In addition to helping pave the way towards behaviorism, his contribution to measurement influenced philosophy, the administration and practice of education, military administration, industrial personnel administration, civil service and many public and private social services.[11] Thorndike influenced many schools of psychology as Gestalt psychologists, psychologists studying the conditioned reflex, and behavioral psychologists all studied Thorndike’s research as a starting point.[11] Thorndike was a contemporary of Watson and Pavlov. However, unlike Watson, Thorndike introduced the concept of reinforcement.[15] Thorndike was the first to apply psychological principles to the area of learning. His research led to many theories and laws of learning. His theory of learning, especially the law of effect, is most often considered to be his greatest achievement.[11] In 1929, Thorndike addressed his early theory of learning, and claimed that he had been wrong.[9] After further research, he was forced to denounce his law of exercise completely, because he found that practice alone did not strengthen an association, and that time alone did not weaken an association.[9] He also got rid of half of the law of effect, after finding that a satisfying state of affairs strengthens an association, but punishment is not effective in modifying behavior.[9] He placed a great emphasis on consequences of behavior as setting the foundation for what is and is not learned. His work represents the transition from the school of functionalism to behaviorism, and enabled psychology to focus on learning theory.[9] Thorndike’s work would eventually be a major influence to B.F. Skinner and Clark Hull. B.F. Skinner, like Thorndike, put animals in boxes and observed them to see what they were able to learn. The learning theories of Thorndike and Pavlov were later synthesized by Clark Hull.[11] His work on motivation and attitude formation directly impacted studies on human nature as well as social order.[11] Thorndike’s research drove comparative
psychology for fifty years, and influenced countless psychologists over that period of time, and even still today.

**Accomplishments**

In 1912, Thorndike was elected president for the American Psychological Association. He was admitted to the National Academy of Sciences in 1917. He was one of the very first psychologists to be admitted to the association. Thorndike is well known for his experiments on animals supporting the law of effect.[21] In 1934, Thorndike was elected president of the American Association for the Advancement of Science.[22]

**Selected works**

- *Educational Psychology* (1903)
- *Introduction to the Theory of Mental and Social Measurements* (http://hdl.handle.net/2027/mdp.39015026251812) (1904)
- *The Elements of Psychology* (http://archive.org/stream/elementspsychol03thorgoog#page/n4/mode/2up) (1905)
- *Animal Intelligence* (1911)
- *The Teacher's Word Book* (1921)
- *The Psychology of Arithmetic* (http://hdl.handle.net/2027/mdp.39015014729746) (1922)
- *The Measurement of Intelligence* (1927)
- *Human Learning* (http://hdl.handle.net/2027/mdp.39015010306069) (1931)
- *A Teacher's Word Book of the Twenty Thousand Words Found Most Frequently and Widely in General Reading for Children and Young People* (1932)
- *The Fundamentals of Learning* (1932)
- *The Psychology of Wants, Interests, and Attitudes* (1935)
- *The Teacher's Word Book of 30,000 Words* (co-authored with Irving Lorge) (1944)

**Articles**

- "*Adaptation in Vision,*"


"The Form of the Curve of
Miscellany

- "Instinct," (http://www.archive.org/stream/biologicallectur1899mari#page/56/mode/2up) in Biological Lectures From The Marine Biological Laboratory of Woods Holl, 1899.

See also

- Halo effect
- Robert L. Thorndike

Notes

1. ^ Saettler, 2004, pp.52-56
10. ^ Kentridge, 2005
15. ^ Cooper, 2009
16. ^ Thorndike, 1932
17. ^ Lynn 2001, 25–26

References

- Hergenhahn, B.R.; Olson, Matthew H. (2005), An Introduction to the Theories of Learning, Pearson Education,

**External links**

- Works by Edward L. Thorndike [http://catalog.hathitrust.org/Search/Home?type%5B%5D=author&lookfor%5B%5D=%22Thorndike%2C%20Edward%20L.%201874-1949%22&filter%5B%5D=ht_availability%3AFull%20text&use_dismax=1], at Hathi Trust
- Edward Thorndike biography [http://www.indiana.edu/~intell/ethorndike.shtml]
- Classics in the history of Psychology - Animal Intelligence by Thorndike [http://psychclassics.yorku.ca/Thorndike/Animal/]

### Educational offices

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